

**Zion Lutheran Church, Barnegat Light, NJ**  
**ANNOUNCEMENTS**

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**Sunday, April 19th, 2026**

**CAUTION** – When entering the church building, **please use the ramp, not the front steps.** The winter weather has damaged several of the steps and therefore they are not safe to walk on.


**THE LADIES GUILD** - Next meeting is scheduled for the third Sunday of the month of April - April 19th, following the 9:30 service

**The US FLAG** for the month of April is dedicated to Michael and Wendy McCrann celebrating their 25th wedding anniversary.

**The ZOOM BIBLE STUDY** - on April 21st at 10AM, continues with a most interesting topic: **‘Resilience in the face of anxiety.’** This week will use scripture from **Philippians 4:4-13**. The Apostle Paul wrote extensively about the internal battle of the mind, particularly while facing imprisonment and uncertainty! His instructions to the followers in Philippi suggest that resilience is a practiced orientation of the heart. By choosing to focus on things that are true, honorable, and just, we are not practicing escapism or denial. Rather, we are choosing to anchor our identity in the Gospel rather than our shifting circumstances.

This week examines the discipline of "taking every thought captive" as a tool to dismantle the cycles of anxious rumination.

- Paul writes these instructions while in prison. How does his physical setting challenge our assumptions about what is required to have "the peace of God"?
- The text suggests "gentleness" as an antidote to anxiety. How can being gentle with ourselves and others help de-escalate an anxious mind?
- Which of the virtues listed in verse 8 do you find most difficult to focus on when you are feeling overwhelmed by worry?

We have a great group of people, and everyone is welcome .  
Our study will be via ZOOM, contact the church for the link;  
zionchurchlbi@gmail.com.

**Food Pantry Collections** - Thank you everybody who contributed canned goods for Tuckerton Food Pantry, it was very much appreciated. Please remember we are ALWAYS accepting donations.

**Zion Care Connection Update** -New Chairperson - Jeanne Semon

If you know of someone who is at home recovering from an illness/injury or a hospital stay, please let us know. Also, if there is a caregiver/congregant needing help with a ride to a local medical appointment, running an errand or could use an occasional meal delivered, please reach out to us.

We have a team ready and willing to help and provide assistance. Please be sure to visit the bulletin boards for updated events and information.

Contact either Jeanne or Brandy via email to the church;

ZionchurchLBI@gmail.com

**OUTREACH COMMITTEE** - **AARP Smart Driver Course on Monday, April 20th**

- Start at 9am and take approximately 4-6 hours.
- AARP Member's rate is \$20.00 and non member's \$25.00
- Everyone who completes it will have a certificate at the end, to send in to your car insurance for a discount.
- On Sunday after church, Gayle Regan will record everyone's name, address, cell #'s, Driver's license #, AARP # if applicable, and a check made out to AARP. I will need to get all this into the instructor ahead of the class. If we have more than 20 interested, the instructor is willing to offer a second date.
- **FELLOWSHIP HOURS WILL CONTINUE** - Coffee, tea and hot chocolate fellowship hours will continue with an added bonus of prayer time. Gayle Regan will be in early at 8:30am in Fellowship Hall and all are welcome to come in early for fellowship, answer any Call Committee questions and most importantly lift Zion up in prayer for our called Pastor! The Bible verse from Matthew 18:20 - "For where two or more gather in my name, there am I with them."

